

COURSE: Education au Choix de Carrière et de Vie 10 (CLEF10)

INSTRUCTOR

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RECOMMENDED PRE-REQUISITES

n/a

CREDITS

4

OVERVIEW

The Big Ideas, Content, and Curricular Competencies for this course can be found here: [Career Life Education 10](#)

Ministry of Education

BIG IDEAS

Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.	Career-life decisions are influenced by internal and external factors, including local and global trends.	Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.	Finding balance between personal and work life promotes well-being.	Lifelong learning fosters career-life opportunities.
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Career Life Education focuses on gaining a clear understanding of career-life development knowledge, skills, and strategies for life's journey into adulthood. A person's career is considered their "journey" through life, and the Career Education curriculum offers students the opportunity to pursue this journey in personally meaningful and goal-oriented ways. Career-life development with intent is the ongoing process of self-discovery, growth in competence, and learning from experiences in educational, work-related, and personal life contexts.

The Career Education curriculum supports students in becoming successful, educated citizens by helping them learn how to effectively manage their life journey toward preferred future possibilities. This area of learning requires students to identify and develop their personal interests, passions, and competencies. Students reflect on learning experiences in school and community, build confidence through their contributions, and explore multiple career-life roles and choices. The curriculum fosters lifelong learning, beginning in kindergarten and continuing through to graduation and beyond.

Topics include:

1. Who am I?
2. How connected am I?
3. What do I have to learn?
4. What would I like to do?
5. How does today's world influence my career choices?
6. What can I see myself doing?

ASSESSMENT

The following table outlines how your work will be graded for this course. The two main criteria used for evaluation are thoughtfulness and thoroughness.

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First assignment	10%
Following Assignments	65%
Reflections	20%
e-portfolio-	15%

REGISTRATION

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