2301 Fulton Rd., Vernon, BC, V1H 1Y1 250.542.0249

https://vlearn.sd22.bc.ca
vlearn@sd22.bc.ca

## **COURSE: Hockey Academy – Healthy Living 09 (HL09)**

#### **INSTRUCTOR**

### **RECOMMENDED PRE-REQUISITES**

**CREDITS** 

Rod Peters rpeters@sd22.bc.ca

Students interested in SD22 academies must meet the requirements for acceptance determined by the Academy Director.

n/a

#### **OVERVIEW**

The Big Ideas, Content, and Curricular Competencies for this course can be found here: <a href="Sport Development">Sport Development</a> Curriculum

Movement awareness and skill development enhance physical literacy and learning potential. Technical and tactical development are an essential part of sport specific training.

Improved strength and conditioning support athletic development.

**BIG IDEAS** 

Sport training enhances the understanding and appreciation of the health benefits of physical activity.

Sport cultures value and encourage positive communication, fair play, leadership and teamwork in athletes.

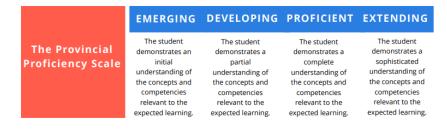
The Hockey Academy is a dedicated training academy operating in partnership with School District No.22 and vLearn with aims to provide extensive Hockey skill instruction alongside SD22 academic education program. The program provides students with a physical education in Sport Development while gaining credits through sport specific training and skill development. The Hockey Academy focuses on providing students opportunities to develop both Hockey specific skills and training alongside Sport Development Education that meets the requirement of The BC Education Curriculum and in preparation for SD22's Board Approved Courses for Sport Development 10,11 and 12.

Students/Athletes receive a Physical & Health Education 09 course along with this hockey specific course taking the academy. Both courses are supported by vLearn.

#### **ASSESSMENT**

Assignments	Discussion Forums	Reflecting and Planning	Self-Assessments	On Field Evaluations

Student growth and progress will be shared and communicated using the Provincial Proficiency Scale.







2301 Fulton Rd., Vernon, BC, V1H 1Y1 250.542.0249

https://vlearn.sd22.bc.ca
vlearn@sd22.bc.ca

# **COURSE:** Hockey Academy – Healthy Living 09 (HL09)

#### **REGISTRATION**

Please see the SD22 Academies <u>website</u> for further information. Potential academy students must submit an Expression of Interest to be considered for academy courses.



Please note – vLearn is a District Online School and can only serve students in the SD22 Catchment Area. Grade 8/9 students need approval from their home school administrator to take courses with vLearn. Please use your SD22 email address to register (000000@sd22.bc.ca)



