

COURSE: ADST - Food Studies 8 (ADFS08)

INSTRUCTOR

Carla Peters
cpeters@sd22.bc.ca

RECOMMENDED PRE-REQUISITES

n/a

CREDITS

n/a

OVERVIEW

The Big Ideas, Content, and Curricular Competencies for this course can be found here: [Applied Design, Skills, and Technologies 8](#)

BIG IDEAS

Design can be responsive to identified needs.

Complex tasks require the acquisition of additional skills.

Complex tasks may require multiple tools and technologies.

This course is an introduction to the basics of kitchen safety prevention and management of cross-contamination, nutrition & healthy eating, food preparation techniques, and the role of food in culture.

Topics covered in this course:

- cross-contamination, including prevention and management
- food preparation practices, including elements of a recipe, techniques and equipment
- effects of removing or substituting ingredients, including nutritional profile, food quality, taste
- social factors that affect food choices, including eating practices
- variety of eating practices
- local food systems
- First Peoples food use and how that use has changed over time

ASSESSMENT

Students will have the opportunity to demonstrate their learning through a variety of means such as: interviews, presentations, tests, quizzes, reflections, learning guides, and written assignments. Student growth and progress will be shared and communicated using the Provincial Proficiency Scale.

	EMERGING	DEVELOPING	PROFICIENT	EXTENDING
The Provincial Proficiency Scale	The student demonstrates an initial understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a partial understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a complete understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a sophisticated understanding of the concepts and competencies relevant to the expected learning.

COURSE: ADST - Food Studies 8 (ADFS08)

REGISTRATION

Please note – vLearn is a District Online School and can only serve students in the SD22 Catchment Area. Grade 8/9 students need approval from their home school administrator to take courses with vLearn. Please use your SD22 email address to register (000000@sd22.bc.ca)



[Click HERE
to register](#)