

COURSE: Dance Academy – Dance 08 (DNC08)

INSTRUCTOR

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RECOMMENDED PRE-REQUISITES

Students interested in SD22 academies must meet the requirements for acceptance determined by the Academy Director.

CREDITS

n/a

OVERVIEW

The Big Ideas, Content, and Curricular Competencies for this course can be found here: [Arts Education 8](#)

Big Ideas

Creative growth requires patience, readiness to take risks, and willingness to try new approaches.

Individual and collective expression can be achieved through the [arts](#).

Dance, drama, music, and visual arts are each unique languages for creating and [communicating](#).

[Artists](#) often [challenge the status quo](#) and open us to new perspectives and experiences.

The Dance Academy takes place during the Fall Semester and runs weekly through January for high school students in grades 8-12. It is a partnership between Accentz Dance studio and School District 22. The Academy focuses on training in Ballet, Jazz, Contemporary and dance fitness.

This program will:

- Provide students at various skill levels with the opportunity to develop their dance skills
- Teach students proper techniques
- Teach students the necessity of a proper health program: this includes mindset and performance psychology, nutrition, strength, endurance, and flexibility
- Teach students how to evaluate, assess their own performance

Our Goals:

- Provide all students with the ability to dance at the highest level they are capable of.
- To create individuals who have a lifelong passion for dance.
- To create healthy active individuals.
- To create future teachers, choreographers, and Adjudicators
- To create individuals who want to be an active part of the dance community.
- To have students understand that there are careers in dance - such as instructors, owners, nutritionists, and trainers etc.

Students/Athletes receive a Physical & Health Education 08 course along with this dance specific course taking the academy. Both courses are supported by vLearn.

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ASSESSMENT

Students will have the opportunity to demonstrate their learning through a variety of means such as: interviews, self-reflection/journals, assignments, discussion forums, dance assessment.

Student growth and progress will be shared and communicated using the Provincial Proficiency Scale.

	EMERGING	DEVELOPING	PROFICIENT	EXTENDING
The Provincial Proficiency Scale	The student demonstrates an initial understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a partial understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a complete understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a sophisticated understanding of the concepts and competencies relevant to the expected learning.

REGISTRATION

Please see the SD22 Academies [website](#) for further information. Potential academy students must submit an Expression of Interest to be considered for academy courses.



Please note – vLearn is a District Online School and can only serve students in the SD22 Catchment Area. Grade 8/9 students need approval from their home school administrator to take courses with vLearn. Please use your SD22 email address to register (000000@sd22.bc.ca)



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