

COURSE: Earthquest Academy – Outdoor Education 12 (ODED12)

INSTRUCTOR

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RECOMMENDED PRE-REQUISITES

Students interested in SD22 academies must meet the requirements for acceptance determined by the Academy Director.

CREDITS

4

OVERVIEW

The Big Ideas, Content, and Curricular Competencies for this course can be found here: [Outdoor Education 12](#)

BIG IDEAS

Participation in outdoor activities allows for the development of skills in a complex and dynamic environment.

Spending time outdoors allows us to develop an understanding of the natural environment, ourselves, and others.

Participating safely in outdoor activities requires communication, teamwork, and collaboration.

Participation in outdoor activities allows for the development of leadership skills that can be applied in a variety of contexts and environments.

The aim of Outdoor Education is to provide opportunities through Earthquest for students to participate in outdoor activities. A particular emphasis will be placed on collaboration, responsibility, and skills to participate safely and effectively in outdoor pursuits. Students will learn valuable first aid skills and strategies, develop leadership skills, gain an understanding of environmental stewardship, and develop an appreciation for First Peoples traditional practices and ecological knowledge.

A Goal in Outdoor Education 12 is to integrate physical activity into our daily routines and leisure pursuits. We hope to learn effective communication skills and outdoor leadership skills when interacting with others. An emphasis will also be placed on social responsibility to reduce the impact of outdoor activities on our environment.

In this course you will be involved in 4 main trips which will span over a week each. You will also be involved in activities weekly at a local level. Activities include aspects of proper nutrition, avalanche awareness and training, first aid, safety and skills/techniques connected to the activities.

Expectations will be outlined, and assessments will encompass the following criteria:

- Volunteering for specific duties pre-expedition, expedition and post expedition.
- Positive group interaction with peers
- Demonstration of leadership qualities
- Carrying out assigned tasks
- Development of skills and techniques

When you return home, your trip coordinator will submit a record of your proficiency as a leader and as a participant. You will also provide your teacher with self-assessment of the activity. You will be responsible for keeping a log of your biking activity and will submit this twice in the course to be marked by your teacher. Your teacher will also be onsite for activities for the assessment.

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Assignments - Students will do assignments that support learning in the field. There are marking rubrics that outline criteria for each assignment. Peer communication is done through online discussion forums where students communicate with other students and post opinions, information, resources and links for everyone's benefit.

ASSESSMENT

Your grade for this course will be calculated as follows:

Item	Weight
Active Living, Leadership and Participation	60%
Assignments	30%
Peer Communication/Discussion Forums	10%

REGISTRATION

Please see the SD22 Academies [website](#) for further information. Potential academy students must submit an Expression of Interest to be considered for academy courses.



Please note – vLearn is a District Online School and can only serve students in the SD22 Catchment Area. Grade 8/9 students need approval from their home school administrator to take courses with vLearn. Please use your SD22 email address to register (000000@sd22.bc.ca)



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